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Something New!

Services

- Body Sculpting
- Non-Surgical Face Lift
- Infra-Red Therapy
- Company Wellness programs & Discount programs
- Chair Massages

Classes

- Partner Massage
- Wellness Classes

Upcoming Events

Mark your Calendar!

FREE SPA NIGHT 5-7PM PLEASE RSVP	Jan 20th
Chair Massage & Lunch Bean Counter Cafe S 7 HWY Blue Springs, MO 64015 816-224-0300	Jan 21st
FREE SPA NIGHT 5-7 PM PLEASE RSVP	Feb 3rd
PARTNER MASSAGE 6:30-8:30PM RSVP REQUIRED \$60.00 per couple	Feb 10th
Valentine Specials Packages Available \$85.00-\$150.00	Sale Ends Feb 15th

Radiant Health Day Spa

Company Wellness Programs

Our country's current economic climate is affecting all levels of individuals. Companies are reaching out to do their part in providing stability and healthier options to their employees.

Wellness programs are nothing new to the corporate world. In fact many studies have proven them to benefit the employer as well as the employee. Companies can increase their potential by providing Chair Massages on a regular basis:

- Healthier Employees - Massage can improve total wellness. This can be seen as companies realize the decrease of sick days used by those who received a chair massage on a regular basis.
- Increase in Productivity - In reducing stress, through massage, employees were able to focus better. This led to increase in productivity and a decrease in errors, saving companies time and money.

- Employee Loyalty - Finding a good employee can be difficult, keeping them can be even harder. By offering wellness programs, employers tend to retain and attract quality employees.

- Better Customer Service - Having employees who feel better, are less stressed and enjoy the company they work for shows through to the consumer. This can increase sales and customer loyalty as well.

Companies may also receive financial benefit through reduced insurance premiums. Ask your insurance provider if you can receive a discount on your policies just by offering a wellness program!

Radiant Health Day Spa can assist your company in providing chair massages, wellness classes and stress reduction techniques. Please contact Christina at 816-224-0300 for more information on Wellness and company discount programs.

Non-Surgical Face Lift

The sad facts of aging

- Loss of elasticity in facial muscles that support the skin. This appears in our mirror as wrinkles and fine lines.
- Bags under the eyes.
- Puffiness under the chin.
- The skin becomes dry.
- New tissue and cell production can slow or stop.

The Great News on Aging!

Radiant Health Day Spa is excited to introduce our **Non Surgical Face Lift (NSFL)** Treatment. The use of specific frequencies and muscle firming techniques can actually stimulate cell production, re-educate and tone the facial muscles, reduce fluid retention, create elasticity in the tissue, remove fine lines and soften wrinkles.

The special techniques, along with healing frequencies, will stimulate the muscles of the face. When we exercise at the gym, the purpose is to lift, tone, strengthen, improve circulation and rejuvenate ourselves.

NSFL is an exercise routine for the facial muscles. Creating similar results as a gym workout for the body!

The number of NSFL treatments a client needs is determined by the condition of the clients facial tissue. Typically we recommend two sessions per week for 3-6 weeks. After the client achieves their personal goal, a maintenance program of once a month is recommended.

Treatments take approximately 20-25 minutes and are pleasant and relaxing.

Call to schedule your appointment today!

Monthly Affirmation:
Having trouble moving?
Repeat this aloud or to yourself several times a day.
"I move with grace and ease!" Vita R. Berg

Scent of the Month - Lavender - Mix 6 drops w/ 1oz water for sunburns, bug bites or dry skin. Use 6-10 drops in a bath or body oils to relax the mind & soothe the nerves